

PASTA MONDAY

FAVOURITES

WEDNESDAY ROAST

CRUMBLE

CHIPPY FRIDAY

week starting - 16 Apr / 7 May / 4 Jun / 25 Jun / 16 Jul

WEEK 1

Pasta Ragu	Chicken Burger in a Bun	Roast Gammon	Chicken Pie	Margherita or Pepperoni Pizza
Cheese & Tomato Pasta Bake	Veggie Burger in a Bun	Country Bake	Quorn & Vegetable Pie	
Garlic Bread	Wedges	Roast Potatoes + Yorkshire	Croquette Potatoes or Cous Cous	Chunky Chips
Sweetcorn & Peas	Salad	Carrots & Green Beans	Peas & Sweetcorn	Baked Beans & Cucumber Sticks
Homemade Shortbread & Choice of Fruit	Apple Sponge & Custard	Belgian Waffle with Cream & Fruit Sauce	Summer Fruit Crumble with Custard	Fruit Jelly

week starting - 23 Apr / 14 May / 11 Jun / 2 Jul / 23 Jul

WEEK 2

Pork Meatballs	Wraps with a Choice of Fillings as below:	Roast Chicken	Chilli con Carne	Breaded Fish
Vegetarian Meatballs	Chicken/Cheese/Tuna	Cauliflower Cheese	Veggie Chilli	Tomato & Mozzarella Sausage
Pasta & Garlic Bread	Diced Potatoes	Roast Potatoes + Yorkshire	Rice, Wedges, Tortillas	Chunky Chips
Sweetcorn & Green Beans	Corn on the Cob & Cucumber	Carrots & Broccoli	Mixed Vegetables	Baked Beans & Cucumber Sticks
Homemade Ginger Biscuit & Choice of Fruit	Fruit Crunch & Cream	Victoria Sponge	Apple Crumble & Custard	Fruity Brownie

week starting - 30 Apr / 21 May / 18 Jun / 9 Jul

WEEK 3

Macaroni Cheese with Ham	Chicken Korma Curry	Roast Pork	Toad in the Hole	Chicken Fillet Chunks
Macaroni Cheese	Vegetable Curry	Vegetable Frittata	Veggie Toad in the Hole	Veggie Quiche
Garlic Bread	Rice, Naan, Poppadums	Roast Potatoes + Yorkshire	Duchesse Potatoes	Chunky Chips
Carrots & Peas	Sweetcorn & Green Beans	Carrots & Broccoli	Peas & Sweetcorn	Baked Beans & Cucumber Sticks
Homemade Oatie Biscuit & Choice of Fruit	Toffee Apple Cake	Scones with Cream & Strawberries	Apple & Strawberry Crumble with Custard	Iced Smoothie

we use whole fillet of fish, all our meat products come in fresh (using whole muscle) and meals are cooked from scratch

at least 2 puddings each week include 50% fruit - fresh fruit and yoghurt is available every day

additional vegetables are included in all home made sauces used for pasta and pies

- www.kiteskitchen.co.uk -