

MENUS FOR SPRING 2016**WEEK ONE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Fish Fingers	Hawaiian Chicken	Roast Beef	Toad in the Hole	Barbecue Chicken
VEGETARIAN	Cheese & Vegetable Burgers	Hawaiian Quorn	Quorn Roast	Vegetarian Toad in the Hole	Barbecue Quorn
POTATOES OR ALTERNATIVE	Potato Wedges	Noodles	Baby Roast Potatoes		Rice
VEGETABLES	Sweetcorn	Stir Fry Vegetables	Seasonal Vegetables and Gravy	Cabbage and Gravy	
DESSERT	Cornflake Crispy Cake	Apple Crumble and Custard	Flapjack and Fresh Fruit	Coconut and Jam Sponge	Ice Cream and Fresh Fruit Platter

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Lamb Shepherd's Pie	Home Made Pizza	Roast Chicken	Beef Pasta Bolognaise	Chicken Fajitas
VEGETARIAN	Quorn Shepherd's Pie	Home Made Pizza	Quorn and Lentil Casserole	Quorn Pasta Bolognaise	Vegetable Fajitas
POTATOES OR ALTERNATIVE			Roast Potatoes	Garlic Bread	Wraps
VEGETABLES	Peas and Gravy	Salad	Seasonal Vegetables and Gravy	Peas	
DESSERT	Shortbread	Syrup Sponge and Custard	Chocolate Flapjack and Fresh Fruit	Orange and Sultana Cookies	Brownies and Fresh Fruit Platter

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Macaroni Cheese and Ham	Minced Beef and Onion Pie	Roast Pork	Chicken Curry	Sausage Roll
VEGETARIAN	Macaroni Cheese	Vegetable Pie	Quorn and Bean Bake	Vegetable Curry	Cheese and Onion Pasty
POTATOES OR ALTERNATIVE	Crusty Bread		Mashed Potatoes	Rice	Crispy Potatoes
VEGETABLES	Peas	Carrots and Gravy	Seasonal vegetables and Gravy	Naan Bread	Baked Beans or Sweetcorn
DESSERT	Raspberry Mousse	Cherry Muffins and Orange Wedges	Fruit Flapjack and Fresh Fruit	Choc Ice	Orange and Sultana Cookies and Fresh Fruit Salad